

KS4 Football Curriculum Summary

Name of unit	Football
Why do we study this unit?	Football is the current national sport. It is excellent for developing fundamental motor skills, enhancing team skills & team work. A team game that helps stimulate social skills used in everyday life.
By the end of the unit, students will be able to....	Students will continue to develop and refine their understanding of the skills used to participate in Football. They will apply skills, rules and tactics into competitive game situations.
Links to previous units	
Key vocabulary	Self - Belief, Drills, Practice, Focus, Respect, Official, Referee, Intensity, Exertion, Heart Rate, Teamwork, Formation, Attacking, Defending, Tika taka, gegenpress, rondo.
Week and summary topic	Knowledge and skills learned
1: Skill	Ball control, dribbling, passing & shooting
2: Rules	Direct-indirect free-kicks, offside rule, fouls in the box
4: Strategy / Tactics	set play variations, tika taka, gegenpress, 11 a side formations
5: Competition	Interhouse